

## Stop Unwanted Calls & Texts

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Debt Collectors, Banks and Telemarketers must have your permission to contact your cell phone. If a consumer wants to stop receiving calls or text messages on a cell phone, it is important to write the collector, telemarketer or bank to inform them that they do not have your permission to contact your phone and that the calls must stop.

<b>First Name, Middle Name, Last Name</b>	
<b>Complete Address</b>	
<b>City State Zip</b>	
<b>Cell Phone * Email</b>	
Date	
Name of Debt Collector, Bank or Telemarketer	<b>RE: Account #:</b> _____
Address	<b>Cell Phone #:</b> 000-000-0000
City State Zip	
Attn: Name of Representative	
<b>RE: Calls (or Texts) to Cell Phone: 000-000-0000</b>	
Dear Representative:	
Effective today, 00/00/0000, your company is to STOP ALL CALLS and TEXT MESSAGES to my cell phone, 000-000-0000. I do not authorize your contact with my cell phone and revoke any prior consent.	
Yours truly,	
<i>Your Signature</i>	

### Maintain a File:

- 1) Keep a copy of all correspondence with the debt collector, bank or telemarketer.
- 2) Send your letter by **Certified Mail, Return Receipt**.
- 3) Attach all postal receipts to the copy of your letter.